

U21 HSG GLOBAL ENGAGEMENT CAFÉ

The U21 Health Sciences Group Global Café is committed to supporting nursing and midwifery staff and students to engage in sharing knowledge and learning about best practices in a creative and supportive environment.

13

NOV, 2025

12:00-13:00 GMT

SHARING INSIGHTS INTO U21 HSG: A GLOBAL STUDENT PERSPECTIVE

In the first Café, two students will share their experiences of U21 HSG. All nursing and midwifery students are invited to participate, with time allocated to explore student experiences and opportunities for engagement.



Upload your videos/ reflections to:



21

JAN, 2026

12:00-13:00 GMT

MENTAL HEALTH AND WELLBEING IN PRACTICE

Explore approaches to maintaining wellbeing during placements and studies.



Submit personal tips used during placement/study

18

FEB, 2026

12:00-13:00 GMT

CULTURAL COMPETENCE IN NURSING & MIDWIFERY

Discuss how cultural understanding shapes care delivery and professional practice.



Reflect on how culture influences care delivery in your context

18

MAR, 2026

12:00-13:00 GMT

FUTURE LEADERS: PROFESSIONAL IDENTITY AND CAREER ASPIRATIONS

Explore leadership, identity, and future career pathways in nursing and midwifery.



Create a visual or written piece outlining your career goals and what leadership means to you

FOR ALL SESSIONS:

ZOOM LINK:



REGISTRATION:

